



Advanced Level 6 Diploma in Integrative Creative and Play Therapy - 2 years

Our advanced level 6 in Integrative creative and play therapy runs over two years and is accredited through the National Council of Integrative Psychotherapists and also meets the requirements for BACP and ACC membership.

This is an experiential and theory based course incorporating theories from Play therapy, Systemic family therapy, Gestalt, Person-centered therapy, Transactional analysis and somatic trauma therapy.

This diploma will enable students to offer therapy to children and young people individually or in small groups. We recognise the importance of the family and school systems within a child's life. Therefore, our training incorporates systemic approaches enabling students to work holistically.

This diploma will give students the skills to work with children struggling with different emotional challenges, providing a safe, containing, permission giving space. Our training is very experiential and gives students space and time to reflect and develop their own self-awareness and understanding which in turn impacts the way they work with clients.

Entry requirements:

- Level 3 counselling award or completion of our level 3 award (see page 3 for more details and dates.)
- Previous experience of working with children and young people.
- Ability to work to Degree level of study.

Costs:

EARLY BIRD RATE for 2024-2026 course PAYABLE BEFORE 1st August 2024 - £4500 for the 2-year course
Full cost £5000 (payment plan options available).

£500 deposit required to hold your place by 1st September 2024

EARLY BIRD RATE for 2025-2027 course PAYABLE BEFORE 1st August 2025 - £4500 for the 2-year course
Full cost £5000 (payment plan options available).

£500 deposit required to hold your place by 1st September 2025

The Advanced Level 6 Diploma is delivered over 2 years with teaching days once a week on a Thursday over three ten week terms:

2024 - 2026 intake Weekly on a Thursday starting on the 3rd October for 3 blocks of 10 week terms. (Excluding half term dates)

Year One:

Thursday 3rd October 2024 - Thursday 12th Dec 2024 (Excluding October half term)

Thursday 9th January 20 25 - Thursday 20th March 2025 (Excluding February half term)

Thursday 1st May - Thursday 10th July (Excluding May half term)

Teaching days 10am - 4:30pm

Year Two:

Thursday 2nd of October 20 25 - Thursday 11th December 2025 (Excluding October half term)

Thursday 15th January 2026 - Thursday 26th March 2026 (Excluding February half term)

Thursday 23rd April 2026 - Thursday 2nd July (Excluding May half term)

Teaching days 10am - 3:30pm

2025 - 2027 Intake Weekly on a Friday starting on the 3rd October 2025 for 3 blocks of 10 week terms. (Excluding half term dates)

Year One:

Friday 3rd October 2025 - Friday 12th December 2025 (Excluding October half term)

Friday 16th January 2026 - Friday 27th March 2026 (Excluding February half term)

Friday 24th April 2026 - Friday 3rd July 2026 (Excluding May half term)

Teaching days 10am - 4:30pm

Year Two:

Friday 2nd October 2026 - Friday 11th December 2026 (Excluding October half term)

Friday 8th January 2027 - Friday 19th March 2027 (Excluding February half term)

Friday 23rd April 2027 - Friday 2nd July 2027 (Excluding May half term)

Teaching days 10am - 3:30pm

In order to complete the diploma participants must complete the following:

- 200 clinical hours - Placement opportunities available through Create Hope
- 80 hours of group online supervision - Included and offered by Create Hope
- Completion and pass of 3 written assignments - One in Year 1 and two in Year 2

**Advanced Level 6 Diploma
Year One**

Day sessions 1-30 6.5 hours 195 teaching hours

Units	Topic	Delivery
1	Safeguarding and ethics	Day 1
2	Introduction to therapy models and theory underpinning practise	Day 2-6
3	Introduction into reflective process	Day 7
3	Regulation and containment	Day 8
3	Introduction in creative toolkit	Day 9-10
3	Contracting	Day 11
2	Neuroscience and Poly Vagal	Day 12
2	Attachment	Day 13
4 and 5	Core beliefs, spirituality and faith	Day 14-15
7	Working with parents and referrers – systemic approaches	Day 16-17
3	Creative therapy practise	Day 18-22
6	Supervision	Day 19
3	Self-reflection, reporting, recording and assessment	Day 20
3	Creative process	Day 21-24
3	Power and difference in the counselling relationship	Day 25
8	Stabilization and safety	Day 26-27
9	Directive and non-directive therapy approaches	Day 28-29
10	Working with neurodiversity	Day 30

**Advanced Level 6 Diploma
Year Two**

Day sessions 31-60 5.5 hours 165 teaching hours

Units	Topic	Delivery
4	Spirituality and the client	Day 31-33
7	Group process and working with groups	Day 33-36
7	Family scripts and genograms	Day 37-39
7	Family group process	Day 40-42
8	Working with traumatised clients	Day 43-45
12	Working with parts	Day 46-47
2	Attachment based therapy	Day 48
2	Relational approach to therapy	Day 49
11	Working with self-harming behaviours	Day 50-51
7	Non-violence resistance principles for parenting	Day 52-54
3	Integration into Practise	Day 55-60