



Creative Therapy Approach to Working with Parts

A short workshop for therapists or qualified counsellors.

This workshop will provide an opportunity for you to explore and reflect on your own parts and how to work creatively with parts with clients.

Using creative approaches, you will explore some of your parts and the dialogues, connections between them. This is based on internal family systems approach.

This is a 6 hour CPD experiential based course, giving space for participants own self-reflection and learning.

**Costs:
£50 per person**